

## Capacity building of civil society organisations on Social Exclusion and Health Rights - Phase 2

Overall goal of the capacity building process:

- To facilitate building advocacy for health rights of the socially excluded communities with a focus on primary health care

Objectives of the Phase – 2 training on knowledge and skill training:

- To help the participants develop capacity on analyzing the context of discrimination and gaps in the realization of health rights
- To build capacity on community monitoring on health as a medium for the advocacy on health rights
- To facilitate the drawing up an action plan towards addressing entitlement gaps and issues of discrimination in accessing health services

### Schedule for Phase 2 Training

Day	Objective	Session	Methodology	Materials
	<b>Introductory session and Registration</b>			<b>Registration sheet</b>
<b>Day 1</b>	<b>Theme: Health Context and Actor Analysis</b>			
	<ul style="list-style-type: none"> <li>• To analyse the social, economic, cultural and political contexts at the local level in relation to health</li> <li>• To understand the micro – macro linkages between health status and policy, and to identify gaps</li> <li>• To know the various ways of discrimination and barriers the socially excluded community faces impacting their health</li> </ul>	<p><b>Session 1: Health Context Analysis</b></p> <p>1.1 Analysing the condition of the public health services</p> <p>1.2 Health Policy and its impact on the entitlements at the community level</p> <p>1.3 Social Exclusion, discrimination and impact on health</p>	<ul style="list-style-type: none"> <li>• Presentations</li> <li>• Discussions</li> <li>• Group work</li> </ul>	<ul style="list-style-type: none"> <li>• Tools for analysis</li> <li>• Chart papers</li> <li>• Post-heads</li> </ul>
	<ul style="list-style-type: none"> <li>• To understand the framework and principles of community based monitoring</li> <li>• To know the inter-linkage between health rights advocacy and CBM</li> </ul>	<p><b>Session 2: Understanding Social Accountability and Community Based Monitoring Framework</b></p> <p>2.1 Community Monitoring and its stages</p> <p>2.2 Community monitoring and its use in advocating for health rights</p>	<ul style="list-style-type: none"> <li>• Presentation</li> <li>• Discussion</li> <li>• Video documentary</li> <li>• Case-studies</li> </ul>	<ul style="list-style-type: none"> <li>• Presentations</li> <li>• Reading materials</li> <li>• documentary</li> </ul>

Day	Objective	Session	Methodology	Materials
<b>Day 2</b>	<b>Theme: Process of Community Based Monitoring (CBM)</b>			
	<ul style="list-style-type: none"> <li>To discuss and know the processes of Community Based Monitoring and its use in health advocacy</li> <li>To acquire skills of community enquiry</li> </ul>	<b>Session 3 : CBM</b> 3.1 Community mobilization for health awareness 3.2 Understanding policy and implementation gaps in the community 3.3 Developing community enquiry tools 3.4 Process of community enquiry using tools (data collection) 3.5 Collation and consolidation of the data - Preparation of Report (Report Card) 3.6 Sharing and dissemination for advocacy and improvement of the health care system	<ul style="list-style-type: none"> <li>Presentation</li> <li>Workshop methodology – group work</li> <li>Case-studies</li> <li>Role plays</li> <li>A – V aids</li> </ul>	<ul style="list-style-type: none"> <li>PPT</li> <li>Hand outs</li> <li>Case-study</li> <li>Role Play material</li> <li>Documentaries</li> </ul>
	<ul style="list-style-type: none"> <li>To orient participants to the field visits</li> <li>To help the participants familiarize with the tools and the processes of administering them</li> </ul>	<b>Session 4: Orientation to the field visit and tools</b> 4.1 Context of the organization & villages of visit 4.2 Explanation on the tools and the processes of inquiry	<ul style="list-style-type: none"> <li>Presentation by the field organization</li> <li>Presentation on the schedule of field visit</li> </ul>	<ul style="list-style-type: none"> <li>Background note on the organization</li> <li>Tools for field enquiry</li> </ul>
<b>Day 3</b>	<b>Theme: Field Enquiry and consolidation</b>			
	<ul style="list-style-type: none"> <li>To have an experiential understanding of conducting community enquiry</li> <li>To develop the skill of collating the data</li> <li>To use different methods in community inquiry</li> </ul>	<b>Session 5: Practice of Community Enquiry</b> <b>5.1 Field Visit : Visiting communities - half day</b>	Field visits will be done in 3 or 4 small groups. Each group will test out one tool in the community. (Maternal health services, VHND, immunisation etc.)	<ul style="list-style-type: none"> <li>Tools</li> <li>Charts</li> <li>Papers</li> <li>Note on field visits</li> </ul>
	<ul style="list-style-type: none"> <li>To discuss on the processes of visit and community inquiry</li> <li>To discuss on collating the data and to analyse the data</li> </ul>	<b>5.2 : De-briefing and consolidation of data</b> 1. De-briefing by the groups on the experience of field visit 2. Collating the data into a report card	<ul style="list-style-type: none"> <li>Group discussion</li> <li>Group work</li> <li>presentations</li> </ul>	<ul style="list-style-type: none"> <li>Chart papers</li> <li>flex formats</li> <li>report card sheets</li> </ul>
<b>Day 4</b>	<b>Theme: Developing the advocacy plan and plan for the capacity building in communities</b>			
	<ul style="list-style-type: none"> <li>To understand health advocacy and the processes for the rights of the marginalized and socially excluded</li> </ul>	<b>Session 6: Health Advocacy</b> <b>6.1 Understanding Health Advocacy</b> 1. Health advocacy and issues of social	<ul style="list-style-type: none"> <li>Presentation</li> </ul>	<ul style="list-style-type: none"> <li>Presentations</li> </ul>

Day	Objective	Session	Methodology	Materials
		<p>exclusion (what is advocacy, types, ethical attributes, characteristics of effective advocacy, stages of advocacy, advocacy for the health rights of the socially excluded)</p> <p>2. Building health rights advocacy</p> <ul style="list-style-type: none"> <li>- Community level</li> <li>- District level</li> <li>- State level</li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Group Discussions</li> <li>• Audio-visual materials</li> <li>• Posters</li> <li>• Case-studies</li> </ul>
	<ul style="list-style-type: none"> <li>• To draw a plan for advocacy action – community level, district level and state level</li> </ul>	<p><b>Session 6.2 : Developing Advocacy Plan</b></p> <p>1. Developing Plan of Advocacy by participants</p> <p>2. Finalising the framework and task of the health rights advocacy</p>	Workshop method: The mentors will work with statewise/district wise groups on formulating	Chart papers
<b>Day 5</b>	<b>Consolidating Advocacy Plan and wrap- up</b>			
	<ul style="list-style-type: none"> <li>• To finalise the health advocacy and capacity building plans (organizational level)</li> <li>• To build a collective and collaborative health advocacy plan</li> </ul>	<p><b>Session 7 : Consolidating the advocacy Plan</b></p> <p><b>7.1 De-briefing to the CSO leaders (heads) on the process of capacity building</b></p> <p><b>7.2 Presentations of the Advocacy Plan</b></p> <ul style="list-style-type: none"> <li>• Presentation – Health Advocacy Plans</li> <li>• Collective plan to implement the learning in the communities</li> </ul>	<ul style="list-style-type: none"> <li>• Presentations by the participants</li> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation materials</li> </ul>
	<ul style="list-style-type: none"> <li>• To get feedback from participants</li> <li>• To assess the learning of participants</li> </ul>	<p><b>Session 8 : Feedback and wrap-up</b></p> <ul style="list-style-type: none"> <li>• Discussion on follow up</li> <li>• Evaluation and Wrap-up</li> </ul>	<ul style="list-style-type: none"> <li>• Discussion</li> <li>• Individual work</li> </ul>	<ul style="list-style-type: none"> <li>• End-line survey</li> <li>• Feedback forms</li> </ul>